

Aging & Disability Advisory Committee
Thursday, February 13, 2020
1:00 pm
Lower Level Meeting Rooms - Room 2
Government Services Building
N3152 State Road 81
Monroe, WI 53566

1. Call to Order. Meeting called to order at 1:00 PM and quorum was met.
Roll call: John Bernstein, Joan Flood, Sandy Horn, Mike Furgal, Russ Torkelson, Linda Yates, Linda Vetterli, Marilyn Bartelt, Anita Huffman, Carol Mixdorf, Carolyn Hilliard, Belinda Curlless, Cindy Klein

Members absent: Roy Thomas

Others present: Amber Russell, Morgan Kennison
2. Approval of January minutes. Motioned to approve the minutes as presented made by John Bernstein, seconded by Sandy Horn. All ayes. Motion carried.
3. ADRC of Southwest Regional Board Report- Nothing to report as they did not meet in January.
4. 2020 Aging Plan Goal review - Provided overview of the 2020 goals and what the ADRC is working on throughout 2020. There were some changes that were made from what was originally submitted in 2018 for the 2019-2021 Plan. New goals for 2020 are providing lunch and learn presentations, hosting Senior Day at Farmer's Market, providing caregiver educational series, offering incontinence program and recruiting more volunteers.
5. Review committee membership - Linda Yates, Sandy Horn and Cindy Klein current term on the Aging & Disability Advisory Committee are ending in the next few months. Amber will be reaching out to them individually about their commitment to another term. This will be discussed again at the April Meeting.
6. Aging Programs Coordinator Report
 - a. Nutrition update - Provided update regarding the New Glarus meal site. Feedback from volunteers and New Glarus participants have been positive.
 - b. New class - Morgan discussed the nutrition related program that she and Laura, Wellness & Prevention Specialist are working on due to the lack of nutrition focused classes offered.
 - c. Lunch-n-Learns-Discussed the presentation series that will be provided each month over the next year. Provided hand out of the next three presentations.
7. ADRC Supervisor Report
 - a. Disability Advocacy Day - March 24 - Held at Wisconsin State Capitol. Registration and more information can be found on survivalcoalition.org.

- b. Aging Advocacy Day - May 12 - Held at Wisconsin State Capitol. Registration for this event can be given to Morgan.
 - c. Managing workloads- Staff have recently expressed increased workload. I&A unavailable on Wednesdays from 9 - 11 AM to dedicate to paperwork and to not be interrupted and walk-in hours for EBS on Tuesdays & Thursdays 12:30 - 4:30 PM. We do not feel this will affect customer service and has already been a beneficial change to the staff.
 - d. Prevention updates- Healthy Living with Diabetes has 18 participants, Sip & Swipe in February and Stepping On starting in March.
 - e. AARP Partnership- ADRC is taking reservations for AARP taxes for Monroe, Brodhead & Albany. The Monroe appointments are now being held at Green County Human Services instead of Behring Senior Center.
8. Other Business- Provided handout for Health & Wellness Day on June 18. Russ discussed having board member attend a class or presentation so they can provide feedback to ADRC.
- Discussion about caregiver funding and what we could use it for. Low numbers of supportive home care workers making it difficult to use funding for care in the home but ADRC has used funding in other ways that still support caregivers.
9. Next Meeting- No meeting for March. Next scheduled meeting for April 9, 2020, at 1:00 PM in Multi-Purpose Room 1.
10. Meeting was adjourned by Cindy Klein, seconded by Belinda Curless. All ayes. Meeting adjourned at 2:02 PM.